

The Fire of His Love: Prayer & the Life of the Spirit

What are the basic types or forms of prayer? What is the most common type of prayer found in Scripture? Provide some examples. (CCC 2559-65, 2629; Eph. 6:18)

How can our appetites, desires, and interests hinder our prayer life? What did St. John of the Cross teach about this problem?

In what ways is the "Our Father" a prayer of petition? Why did Jesus give his disciples that prayer? If prayer cannot change God, what is prayer really meant to accomplish? (CCC 2629, 2632, 2761-62, 2771)

What sort of prayer or prayers do you usually engage in?

What are the distractions that most hinder your prayer life? What are some ways you can change your routine practice of prayer to lessen those distractions?

Is there something you wish to ask or entreat of God, but haven't? Seek to offer that prayer of petition – and to pray at the same time for the needs of three other people.