

Ideas for Faith Sharing

Ideas for conducting a productive group discussion:

Read and discuss daily Mass readings. (From the Collect of the daily mass readings - use the first person point of view). Consider putting yourself into the scene

- Study and discuss the Bible
- Share and discuss daily anxieties
- Watch documentaries of and discuss the lives of the saints
- Read and discuss daily devotionals (e.g., the Magnificat)
- Study and discuss the Catechism of the Catholic Church
- Study and discuss certain Catholic teachings (e.g., Purgatory)
- Record and watch the mass on EWTN
- Put yourself in the presence of God with a friend and reflect on His Goodness
- Pray the Rosary
- Pray the Divine Mercy Chaplet
- Share your own prayer intentions
- Pray the Holy Spirit prayer
- Study and discuss the Gloria from the mass. Break it up into the sentences and then reflect on it in your group
- Share and discuss your personal stories
- Reflect on and discuss the Magnificat cover image (an explanation of it can be found at the end of the Magnificat.)
- Regardless of what you chose to do within your group, consider taking notes during your discussion to create a journal to share with your group.
- Get to know your brothers/sisters in your Faith Sharing Group on a personal level.

*** Create your own program of what you want in your Faith Sharing Group from amongst these ideas. For example, Begin with the ACTS Holy Spirit prayer, talk about your daily anxieties, pray the Rosary, share your own prayer intentions, end with Divine Mercy Chaplet.

Be creative in your Faith Sharing Group. This could be a 1 year program. Then consider changing it up the following year, etc. Keep it simple.

Ideas for Faith Sharing

Ideas for a Marriage Groups

In addition to the ideas listed above which can also be done as a group:

Beloved: Finding Happiness in Marriage – Dr. Edward Sri

Explores the essential realities of marriage, dealing with the deepest spiritual, emotional, and practical aspects of what the sacrament means for those preparing to get married as well as those who yearn for a richer married life. Through Scripture, Tradition, and Church teaching, God's plan for marriage will come alive.

A Marriage Made for Heaven – Greg and Lisa Popcak

Presents a faithful, practical path for getting the most out of your marriage. You'll explore fool-proof techniques for effective communication and problem-solving, expose the secrets of lifelong passion, win the battle of the sexes, supercharge your spiritual life, make the most out of marriage after kids, and a whole lot more. Your Catholic faith is blended seamlessly with solid psychological insights to help you discover how living the Catholic difference in all you do can help you create the joyful, abundant, passionate, grace-filled marriage you long for and God desires for you.

Ideas for a Family Group

Praying as a Family -Busy families share how taking the time to pray together has revolutionized their lives.